

Breaking barriers and prejudices of autism



MONDAYS
9am - 10.30am



★ Autism-Friendly Mondays ★

We're creating a calm and welcoming space:

- Quiet environment (no music)
- Easy-to-use tick-box menus so you don't have to speak if you don't want to
- A supportive, relaxed atmosphere

Everyone is welcome
– come and enjoy your visit at your own pace

