

PLEASE ORDER AT THE BAR

LOW CARB GROUP MENU

BREAKFAST

9am -11.30am

Large Breakfast *O-SU-E* **£9.00**
2 eggs, 2 bacon, 2 sausages, tomato, mushrooms, beans,

Small Breakfast *SO-E* **£6.50**
1 egg, 1 bacon, 1 sausage, tomato, beans, mushrooms,

Large Veggie Breakfast *G-SO E-D* **£10.00**
2 eggs, 2 sausages, tomato, beans, mushrooms,
halloumi, avocado - *crushed with lime & chilli*,

Small Veggie Breakfast *SO-E* **£6.50**
1 egg, 1 sausage, tomato, beans, mushrooms, halloumi,
avocado - *crushed with lime & chilli*,

EXTRAS

Halloumi x 2	£2.50	1 Egg	£1.00
Avocado	£2.00	Jam Portion	25p
Sausage	£1.50	Mushrooms	£1.00
Bacon x 2	£2.00	Tomato	£1.00

HOT DRINKS

Americano	£2.20	Latte	£2.20
Cappuccino	£2.20	Tea	£1.50
Mocha	£2.20	Flat White	£2.20
Hot chocolate	£2.50	Fruit/herbal tea	£1.00

COLD DRINKS

Soda/cans	£1.00	Juice	£2.00
-----------	-------	-------	-------

Please make staff aware of any allergies and ask for any alternatives. The kitchen handles allergenic food so whilst we do our utmost we can not 100% guarantee cross contamination won't occur

CONTAINS - G= GLUTEN SO=SOYA E=EGG D-DAIRY B=BARLEY SU=SULPHITES

MENU

BREAKFAST

9am -11.30am

Egg on Toast <i>G-SO</i>	£4.	Small Breakfast <i>G-SO-E</i>	£7.50
Poached, scrambled or fried eggs x 2, Toast x 2		1 egg, 1 bacon, 1 sausage, 1 hash brown, tomato, beans, mushrooms, 1 toast	
Beans or Mushrooms on Toast <i>G-SO</i>	£4	Small Veggie Breakfast <i>G-SO-E-D</i>	£7.50
Eggs Benedict <i>G-SO-E-D-B</i>	£6	1 egg, 1 sausage, 1 hashbrown, tomato, beans, mushrooms, halloumi, 1 toast	
2 poached eggs, bacon & hollandaise sauce		Large Breakfast <i>G-SO-SU-E-D</i>	£10.00
Bacon Sandwich <i>G-SO</i>	£5	2 eggs, 2 bacon, 2 sausages, 2 hashbrown, tomato, mushrooms, beans, 2 toast	
Bacon sandwich on white or brown bread		Large Veggie Breakfast <i>G-SO E-D</i>	£10.00
Sausage Sandwich <i>G-SO-SU</i>	£5	2 eggs, 2 sausages, 2 hashbrowns, tomato, beans, mushrooms, halloumi, 2 toast	
Sausages on white or brown bread		Jam Portion	25p
Toast	75p		

HOT DRINKS

Americano	£2.20	Latte	£2.20
Cappaccino	£2.20	Tea	£1.50
Mocha	£2.20	Flat White	£2.20
Hot chocolate	£2.50	Fruit/herbal tea	£1.00

COLD DRINKS

Soda/cans	£1.00	Juice	£2.00
------------------	-------	--------------	-------

Please make staff aware of any allergies and ask for any alternatives. The kitchen handles allergenic food so whilst we do our utmost we can not 100% guarantee cross contamination won't occur

CONTAINS - G= GLUTEN SO=SOYA E=EGG D-DAIRY B=BARLEY SU=SULPHITES

GLUTEN FREE MENU

BREAKFAST

9am -11.30am

Egg on Gluten free Toast <i>SO</i>	£4	Small Breakfast <i>SO-E</i>	£7.50
Poached, scrambled or fried eggs x 2, Toast x2		1 egg, 1 bacon, 1 gluten free sausage, tomato, beans, mushrooms, 1 gluten free toast	
Beans or Mushrooms on Gluten free Toast x 2 <i>-SO</i>	£4	Small Veggie Breakfast <i>-SO-E-D</i>	£7.50
		1 egg, tomato, beans, mushrooms, halloumi, avocado - crushed with lime & chilli, 1 gluten free toast	
Bacon Sandwich <i>SO</i>	£5	Large Breakfast <i>SO-SU-E-D</i>	£10.00
Bacon sandwich on gluten free white		2 eggs, 2 bacon, 2 gluten free sausages, tomato, mushrooms, beans, 2 gluten free toast	
Sausage Sandwich <i>SO-SU</i>	£5	Large Veggie Breakfast <i>SO E-D</i>	£10.00
Gluten free sausages on white gluten free bread		2 eggs, tomato, beans, mushrooms, halloumi, avocado - crushed with lime & chilli, 2 gluten free toast	
Gluten free Toast	75p		
Jam Portion	25p		

HOT DRINKS

Americano	£2.20	Latte	£2.20
Cappuccino	£2.20	Tea	£1.50
Mocha	£2.20	Flat White	£2.20
Hot chocolate	£2.50	Fruit/ herbal tea	£1.00

COLD DRINKS

Soda/cans	£1.00	Juice	£2.00
------------------	-------	--------------	-------

Please make staff aware of any allergies and ask for any alternatives. The kitchen handles allergenic food so whilst we do our utmost we can not 100% guarantee cross contamination won't occur

CONTAINS - G= GLUTEN SO=SOYA E=EGG D=DAIRY B=BARLEY SU=SULPHITES

PLEASE ORDER AT THE BAR

MENU

BRUNCH

11.30am - 3pm

Egg on Toast <i>G-SO</i>	£4	Small Breakfast <i>G-SO-E-D-SU</i>	£7.50
Poached, scrambled or fried eggs x 2, Toast x 2		1 egg, 1 bacon, 1 sausage, 1 hash brown, tomato, beans, mushrooms, 1 toast	
Beans or Mushrooms on Toast <i>G-SO</i>	£4	Small Veggie Breakfast <i>G-SO-E-D</i>	£7.50
		1 egg, 1 sausage, 1 hashbrown, tomato, beans, mushrooms, halloumi, avocado, 1 toast	
Eggs Benedict <i>G-SO-E-D-B</i>	£6	Large Breakfast <i>G-SO-E-D-SU</i>	£10.00
2 poached eggs, bacon & hollandaise sauce		2 eggs, 2 bacon, 2 sausages, 2 hashbrown, tomato, mushrooms, beans, 2 toast	
Large Veggie Breakfast <i>G-SO-E-D</i>	£10.00	Jam Portion	25p
2 eggs, 2 sausages, 2 hashbrowns, tomato, beans, mushrooms, halloumi, avocado, 2 toast			
Toast	75p		

JACKET POTATO - all served with salad garnish

Cheese <i>D</i>	£6	Tuna, Sweetcorn & Mayo <i>F-D</i>	£7
Beans	£6	Cheese & Beans <i>D</i>	£7

SANDWICHES - all served with salad garnish and crisps

Cheese and Chutney <i>G-SO-D</i>	£6	BLT <i>G-SO-D</i>	£6
Mature Cheddar and Red Onion Chutney		Bacon, Lettuce, Tomato	
All Day Breakfast <i>G-SO-D-E-SU</i>	£6	Sausage/Veggie and Onion <i>G-SO-SU-D</i>	£6
Bacon, Sausage, Egg			

HOT DRINKS

Americano	£2.20	Latte	£2.20
Cappaccino	£2.20	Tea	£1.50
Mocha	£2.20	Flat White	£2.20
Hot chocolate	£2.50	Fruit/herbal tea	£1.00

COLD DRINKS

Soda/cans	£1.00	Juice	£2.00
------------------	-------	--------------	-------

For alcohol please speak to the staff

Please make staff aware of any allergies and ask for any alternatives. The kitchen handles allergenic food so whilst we do our utmost we can not 100% guarantee cross contamination won't occur

CONTAINS - G = GLUTEN SO=SOYA E=EGG D=DAIRY B=BARLEY SU = SULPHITES

PLEASE ORDER AT THE BAR

GLUTEN FREE MENU

BRUNCH

11.30am - 3pm

Egg on Gluten free Toast SO £4

Poached, scrambled or fried eggs x2, Toast x 2

Beans or Mushrooms on Gluten free Toast x2 SO £4

Large Veggie Breakfast SO-E-D £10.00

2 eggs, tomato, beans, mushrooms, halloumi, 2 gluten free toast

Gluten Free Toast 75p

Jam Portion 25p

Small Breakfast SO-E-D-SU £7.50

1 egg, 1 bacon, 1 gluten free sausage, tomato, beans, mushrooms, 1 toast

Small Veggie Breakfast SO-E-D £7.50

1 egg, tomato, beans, mushrooms, halloumi, 1 gluten free toast

Large Breakfast SO-E-D-SU £10.00

2 eggs, 2 bacon, 2 gluten free sausages, tomato, mushrooms, beans, 2 gluten free toast

JACKET POTATO - all served salad garnish

Beans £6

Cheese & Beans D £7

Cheese D £6

Tuna, Sweetcorn & Mayo F-D £7

SANDWICHES - all served with gluten free bread, salad garnish and crisps

Cheese and Chutney SO-D £6

Mature Cheddar and Red Onion Chutney

BLT -SO-D £6

Bacon, Lettuce, Tomato

All Day Breakfast SO-D-E-SU £6

Bacon, gluten free Sausage, Egg

Sausage and onion SO-SU-D £6

Gluten free Sausage

HOT DRINKS

Americano £2.20

Latte £2.20

Cappaccino £2.20

Tea £1.50

Mocha £2.20

Flat White £2.20

Hot chocolate £2.50

Fruit/herbal tea £1.00

COLD DRINKS

Soda/cans £1.00

Juice £2.00

For alcohol please speak to the staff

Please make staff aware of any allergies and ask for any alternatives. The kitchen handles allergenic food so whilst we do our utmost we can not 100% guarantee cross contamination won't occur

CONTAINS - G = GLUTEN SO=SOYA E=EGG D=DAIRY B=BARLEY SU = SULPHITES